

## ISL 05 BARLICKA

PRESOV

07/08/2023 – 22/08/2023

Type: DISA/SOCI

Vols: 10

Language: English

Age: 18+



**Partner:** Association Barlicka (Little crutch) has been working with young people with physical disabilities since 1999 by establishing a centre to help them live independently. The association has been offering: activities in a social centre on a daily basis; practical school; courses (theatre, dance, music, PC, etc.). Later, they also build a centre for mothers and services for elderly people. The workcamps have been organized in Barlicka centre since 2013.

**Work:** The volunteers will organize free time activities for young people with disabilities and seniors from the NGO Barlicka. The young people from Barlicka are 18+ years old. The centre has been working with people with disabilities and seniors for 16 years, trying to help them to live independently. The activities for young people with physical disabilities and seniors will be organized during the daily summer camp – summer activities, trips, competitions, and games. Most of the seniors and young people are on the wheelchairs. On the first work day volunteers will have short training how to manage the wheelchair and they will get information about young people and seniors from Barlicka. There are no special skills required. Important is motivation and empathy. The staff of social centre will be guiding the volunteers during the work. The working hours are from Monday to Friday divided as follows: 9:00 – 12:00 and 13:00 – 15:30.

**Accommodation & Food:** Lodging will be provided in the centre of the NGO Barlicka. Volunteers will sleep on beds in two rooms based on gender. However, they need to bring their **sleeping bag**. Kitchen facilities and bathrooms are provided. Volunteers divided in the kitchen teams will be in charge of preparing the food for breakfast and dinner, the groceries will be provided. The lunch will be provided by local partner. On request, vegetarian meals can be provided. Wifi is available.

**Location and leisure:** The camp will be organized in the city of Presov – the 3<sup>rd</sup> biggest city in Slovakia located in the Eastern part of the country. The volunteers can enjoy the old historical centre, the castles around Presov and the cultural life in the city.

**Terminal:** Airport – Vienna, Bratislava, or Kosice; then train or bus to Presov. Please keep in mind that the journey from Bratislava to Presov takes up to 6 hours. So please plan your journey to Bratislava with arrival in the morning or try to find flight connection directly to Kosice (40 minutes from Presov by train or bus).

**Meeting point:** Social centre NGO Barlicka, on 07.08.2023 around 5 pm. More info will be provided to accepted volunteers in the infosheet send at least 4 weeks before the start of the workcamp.

**Remarks:** Bring a sleeping bag, a swimming suit, some info materials and pictures of your country, materials which could be used in your workshop with people from Barlicka, musical instrument to play nice music, some ideas for games with the young people, your enthusiasm and a smile on your face :)

**Study Part:** The volunteers will prepare the "Feast of cultures" - an international food evenings, and will join the "volunteering footprint" workshop. Our camps will follow the rules of the Sustainability campaign.

**Attention:** MOTIVATION LETTER IS NEEDED – write why you want to participate and how you want to contribute on this workcamp on at least ¾ A4.

For more info about BARLICKA: <http://www.barlicka.com/>

**Summary:** Pack your backpack, have an open mind and come to Slovakia where you can really bring happiness to the lives of people with disabilities and seniors!