

ESC PROJECT OUTCOME



AMANDINE COQUELLE

"OPEN YOUR EYES"



01/03/2023 to 31/12/2023



Bratislava, Slovakia



INEX Slovakia



Concordia France



EUROPEAN
SOLIDARITY
CORPS



MINISTRY
OF EDUCATION, SCIENCE,
RESEARCH AND SPORT
OF THE SLOVAK REPUBLIC



NIVAM

NÁRODNÝ INŠTITÚT VZDELÁVANIA A MLÁDEŽE



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TKANK YOU!!!

ABOUT ME



- My name is Amandine
(I know this is difficult to pronounce)
- I'm from the North of France
- I worked for 3 years in retail (marketing)
- I'm doing this volunteering project to take a break in my life + get out of my comfort zone
- I love discover new places, walking, sunsets, caffe latte and IPA beers :)

WHY SLOVAKIA?

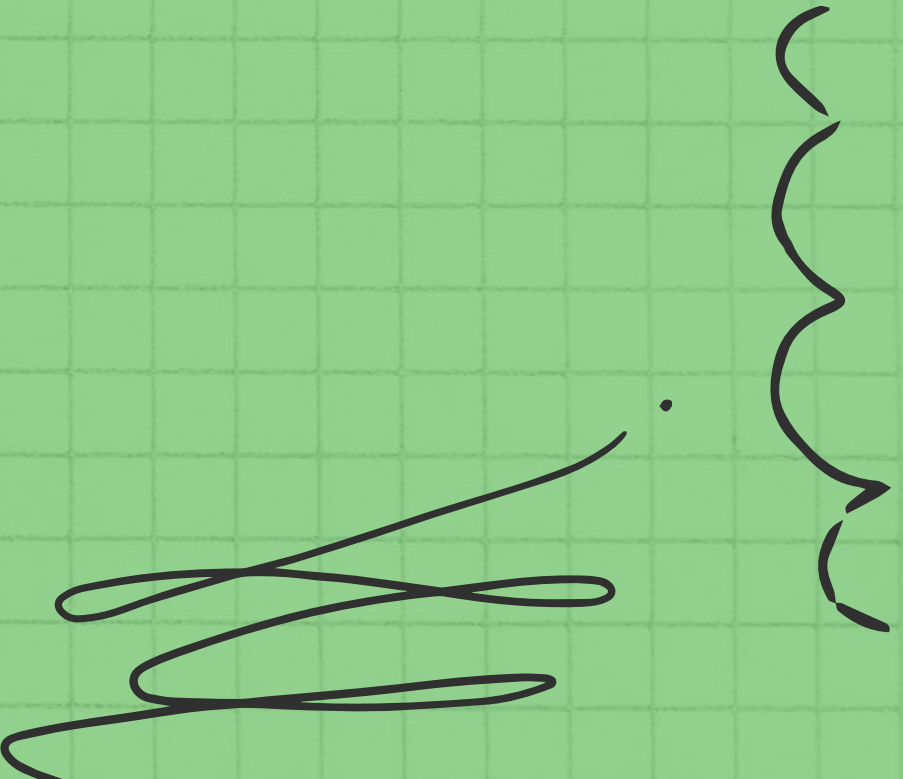
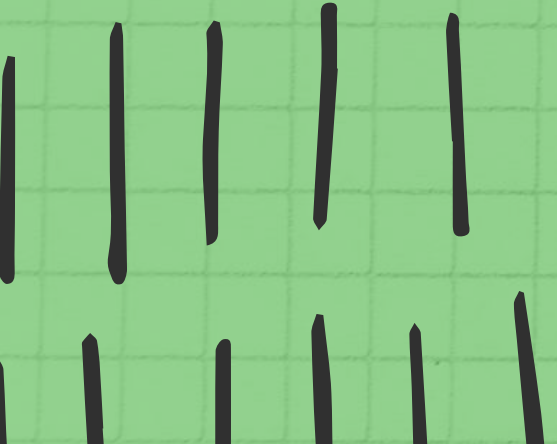
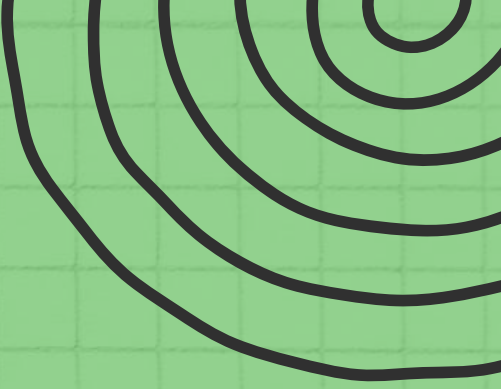


- Mostly for the INEX project
- I didn't know this part of Europe before
- I wanted to live in a medium-sized + safe city
- Not so far away from France
- I don't regret anything cause travelling to SK is a good idea :)

**ONE-DAY
VOLUNTEERING
ACTIVITIES**



MY INEX ACTIVITIES



ONE-DAY VOLUNTEERING ACTIVITIES



March - My 1st activity in the family center Prešporkovo



30th INEX birthday parties



May - Míľa pre mamu in Prešporkovo



June - Presentation about volunteering and INEX in high school

ONE-DAY VOLUNTEERING ACTIVITIES



June - Outdoor activities
in ZŠ Lachova
(primary school)

June - Outdoor activities
in MŠ Haanova
(kindergarten)

October -
Halloween at Integra

ONE-DAY VOLUNTEERING ACTIVITIES



December -
Mikulas at Integra

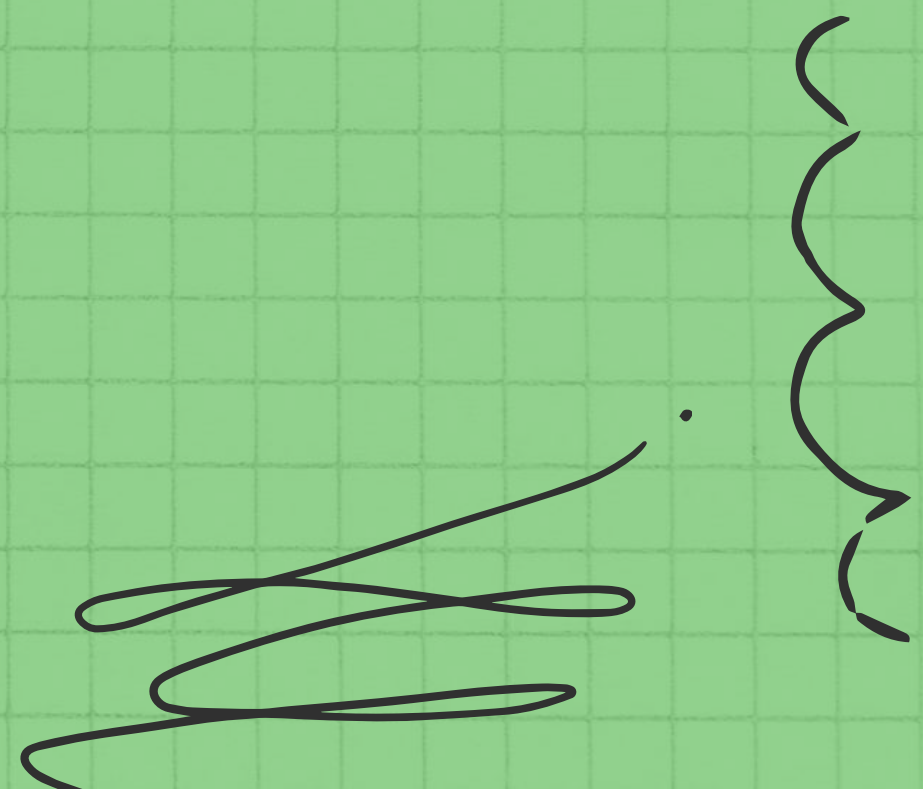
December -
Christmas party at INEX

December -
creative activities
for Christmas

**VOLUNTEERING
ACTIVITIES**

TEA MEETINGS

**MY
INEX ACTIVITIES**



TEA MEETINGS



March - Presentation of my country



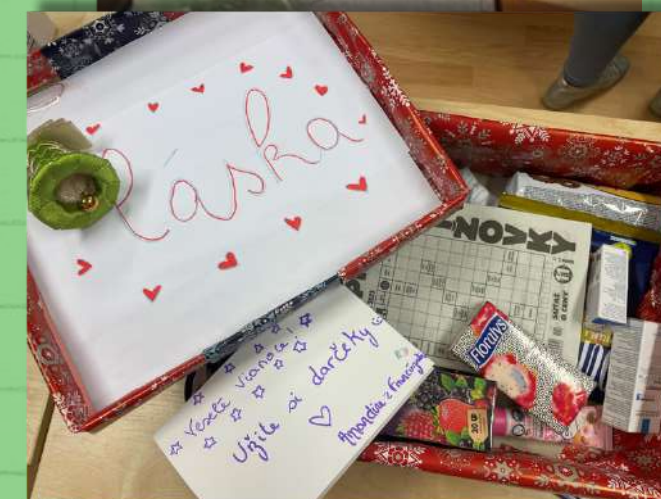
May - Intercultural game night



October - Creative Halloween



November - Presentation about my trip to Iceland



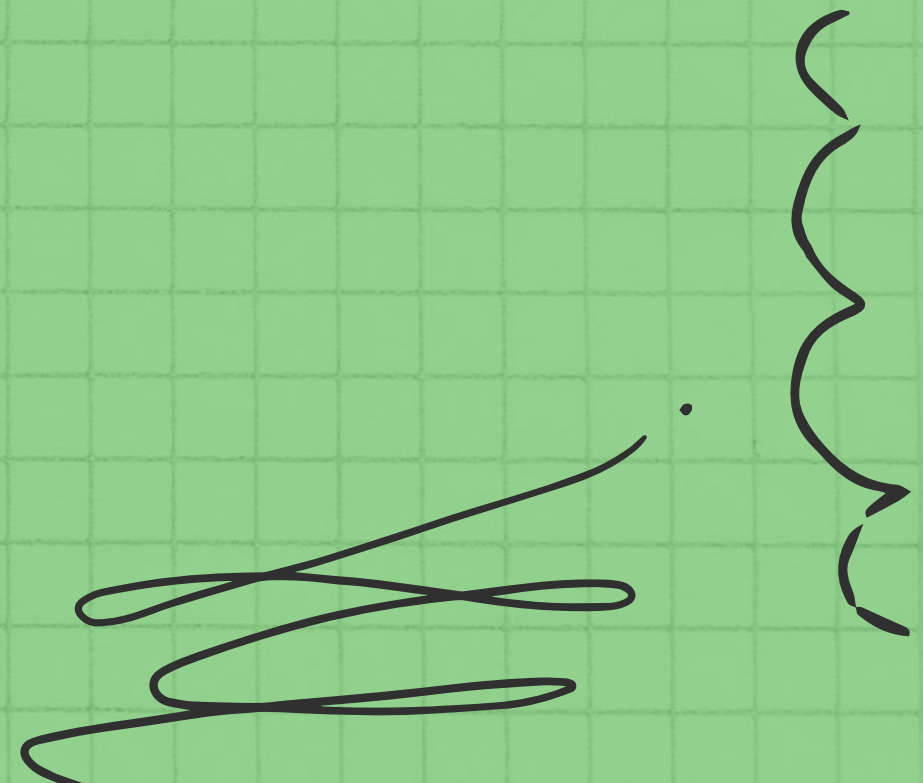
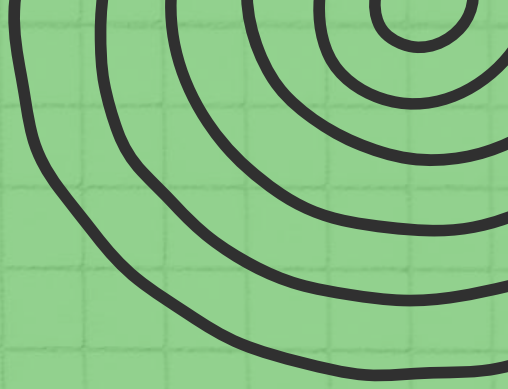
November - Kol'ko lásky sa zmestí?

**ONE-DAY
VOLUNTEERING
ACTIVITIES**

TEA MEETINGS

TRAININGS

MY INEX ACTIVITIES



TRAININGS



March -
Leadership Academy Part 1
in Senec

June -
Leadership Academy Part 2
in Banská Štiavnica

December -
Zážitkovica by INEX
in Banská Štiavnica

TRAININGS



April -
On-arrival training in Zvolen

November -
Mid-term meeting in High Tatras

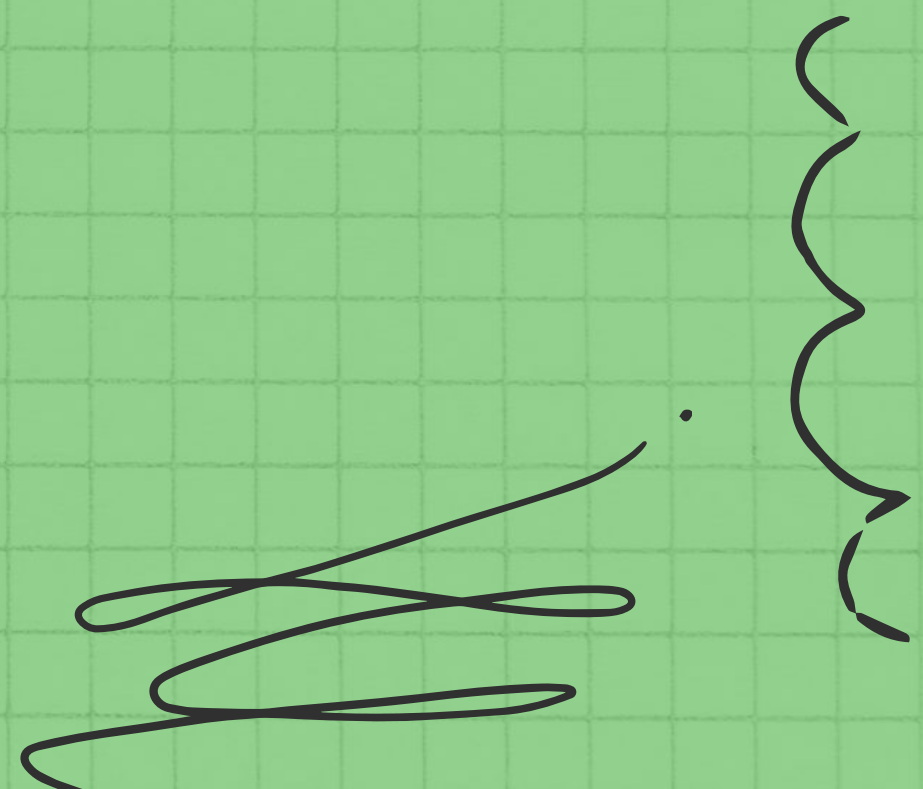
**ONE-DAY
VOLUNTEERING
ACTIVITIES**

WORKCAMPS

TEA MEETINGS

MY INEX ACTIVITIES

TRAININGS



WORKCAMPS



Workcamps in SK
from 9/07 to 13/08



Lukovištia
(renovation of a
historic building)



Tibava & Turňa
Castle



Slatinka weekend



Brekov Castle



Workcamp in Iceland

**ONE-DAY
VOLUNTEERING
ACTIVITIES**

WORKCAMPS

TEA MEETINGS

**MY
INEX ACTIVITIES**

WORKSHOPS

TRAININGS



WORKSHOPS

My personal project -
Climate Fresk



June -
at INEX office



October -
in RC Prešporkovo



November -
in Nová Baňa high school



**ONE-DAY
VOLUNTEERING
ACTIVITIES**

WORKCAMPS

TEA MEETINGS

MY INEX ACTIVITIES

WORKSHOPS

TRAININGS

**BLOG ARTICLES
&
SOCIAL MEDIA**



BLOG ARTICLES & SOCIAL MEDIA

My articles

[March](#)

[Summer](#)

[April](#)

[October](#)

[May](#)

[November](#)

[June](#)


[December](#)

Instagram



Facebook

YouTube



INEX Slovakia
INEX Slovakia je tu už od roku 1993. Ak ťa zaujíma dobrovoľníctvo, medzinárodné dobrovoľnícke tábory (workcamps), školenia na Slovensku, či v zahrani...
[YouTube](#)

MY FREE TIME ACTIVITIES

Sport games



Trips abroad



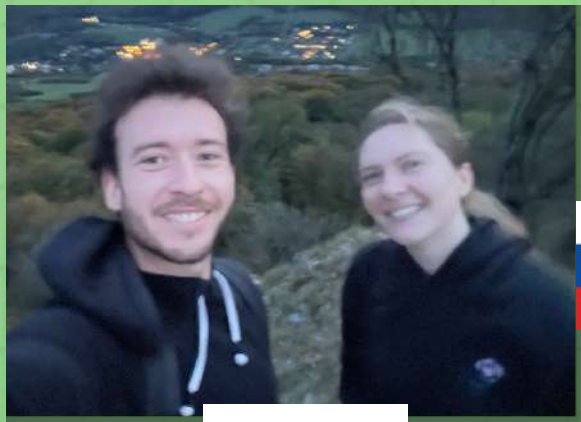
Trips and hikes in Slovakia



Restaurants & bars



Cafes
(Kep's ♡)



♥ Spend time with people ♥



MY LEARNINGS

COUNTRIES,
CULTURES AND
LANGUAGES

ORGANIZATION
AND MANAGEMENT
SKILLS

DIFFERENT
PERSONNALITIES
AND WAYS OF LIFE



LOVE LIVING
ABROAD

KNOW MYSELF
BETTER

LOVE THE SEA
MORE THAN I
THOUGHT



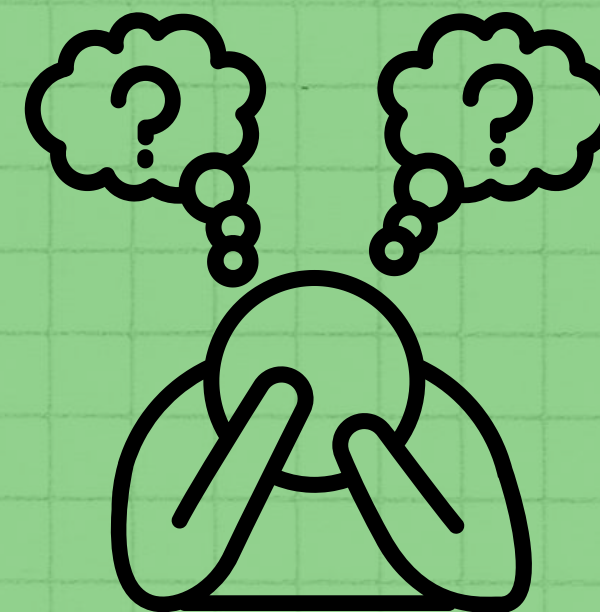
MY FEELINGS



Grateful for this amazing year in Slovakia!!



Soo sad to leave... I will miss a lot of things.



A bit worried about what's next...



THANK YOU VERY MUCH!

INEX TEAM 

Geoffroy

My new friends in SK and abroad

All the people I've met here

My family and friends at home

Ďakujem!!

