

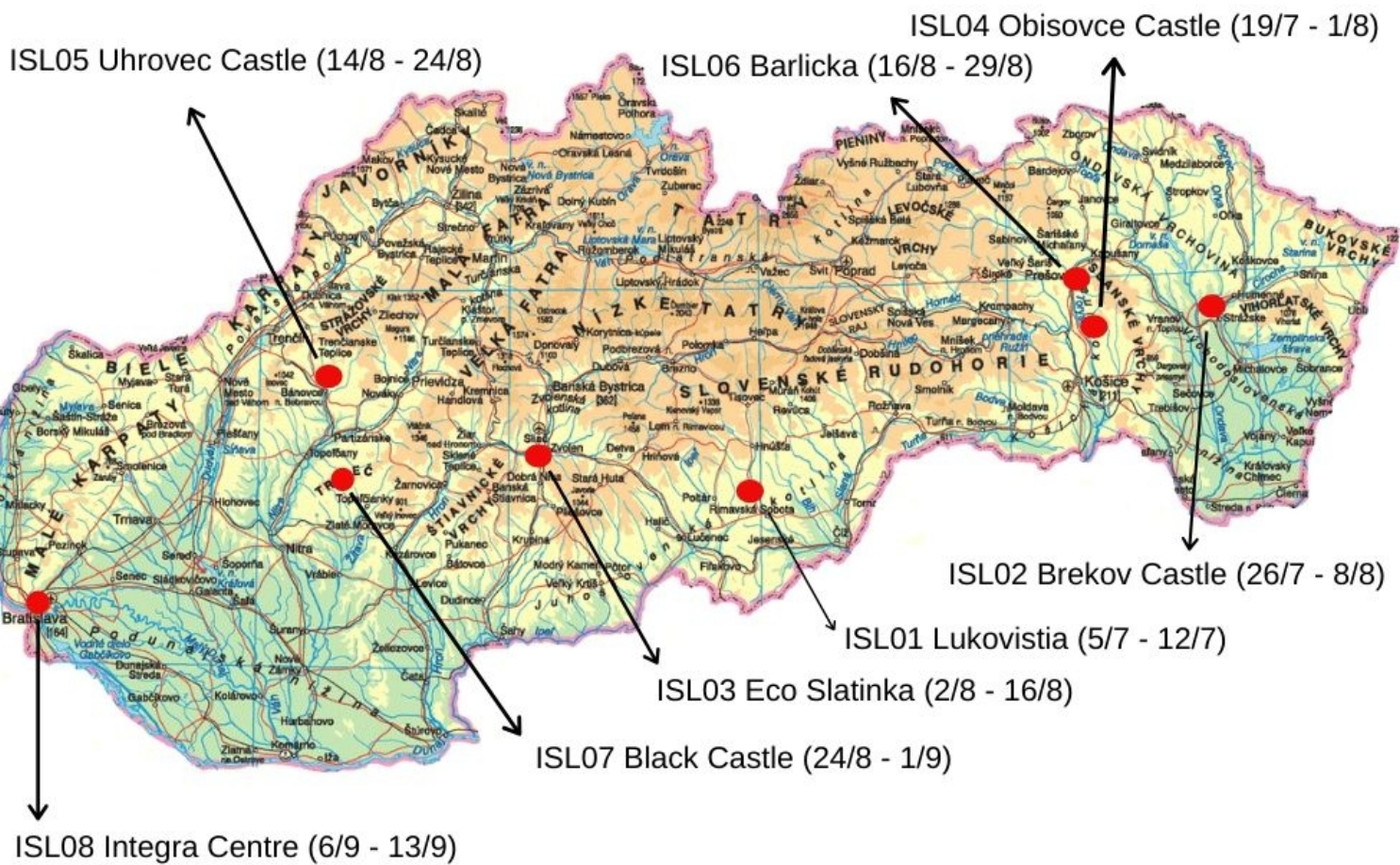
# Medzinárodné dobrovoľnícke tábory na Slovensku v roku 2020 a ich hodnotenie očami dobrovoľníkov a koordinátorov





## The list of planned workcamps 2020 of INEX SLOVAKIA

CODE	NAME	LOCATION	TYPE	FROM	TO	AGE LIMIT	VOLS	Remarks
ISL 01	Lukovistia	Lukovistia	RENO/MANU	5.7.	12.7.	18+	10	
ISL 02	Obisovce Castle	Obisovce	RENO/ARCH	19.7.	1.8.	18+	10	
ISL 03	Brekov Castle	Brekov	RENO/ARCH	26.7.	8.8.	18+	4	No pairs
ISL 04	ECO-Slatinka	Slatinka	ENVI	2.8.	16.8.	18+	10	
ISL 05	Uhrovec Castle	Uhrovec	RENO/ARCH	14.8.	24.8.	18+	10	HLC
ISL 06	Barlicka	Presov	DISA	16.8.	29.8.	18+	10	MOT
ISL 07	Black castle	Zlatno	RENO/ARCH	24.8.	1.9.	18+	8	
ISL 08	Integra centre	Bratislava	DISA	6.9.	13.9.	18+	6	MOT



## ABOUT US

**INEX Slovakia** (**IN**ternational **EX**changes) is a non-profit and non-governmental organisation offering remarkable experiences, personal development and meaningful free time activities for young people through international voluntary activities and non-formal education.

We have been encouraging young people in recognition of new cultures, creation of new friendships from all around the world and getting new skills and experiences since our establishment in 1993. We are members of **Alliance for European Voluntary Service Organisations** and partners of **Service Civil International**.

### GENERAL CONDITIONS FOR PARTICIPATION IN OUR WORKCAMPS

Age limit: 18 - 99

Common language used in the camps: English

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## Year 2020 and changes in the international volunteering in Slovakia

In March 2020 we planned to organize 8 international voluntary camps (alias workcamps) in Slovakia.

However, with outbreak of COVID-19 around the world and due to the restrictions coming from government in order to stop the spreading of illness, we had to make difficult decision. The decision to suspend the placement (both hosting and sending) of volunteers for all workcamps until the 30th April. As the situation was not getting better, in the end of April we had cancel placement of international volunteers for workcamp season 2020.

Since that moment we decided to focus more on our other activities and we also joined new initiative in the international volunteering field – virtual workcamps. We organized 8 virtual workcamps with participants all round the world.

As the situation was getting slowly better every day and the restrictions were allowing as to organize also real-life activities, we were able to organize 4 voluntary camps. This season was short and different. With less workcamps, less days of workcamps and less volunteers coming only from Slovakia. The camps were organized with strict rules following hygienic regulations and the instructions of the Public Health Office. In next few pages you can read more about the workcamps and what did the volunteers think about this year season of workcamps in Slovakia.

### *THE LIST OF WORKCAMPS 2020 OF INEX SLOVAKIA*

CODE	NAME	LOCATION	TYPE	FROM	TO	AGE LIMIT	VOLS	Remarks
OWISL01	Slovak Castles in books	MS Teams	HERI/HIST/VIRTUAL	14.4.	28.4.	18+	10	
OWISL02	Presporkovo family centre	MS Teams	KIDS/TEACH/VIRTUAL	16.4.	30.4.	18+	10	
OWISL03	Easy Drawing!	Zoom	ART/EDU/STUD/VIRTUAL	20.7.	27.7.	18+	6	
OWISL04	Presporkovo family centre II.	Youtube	KIDS/STUD/VIRTUAL	15.6.	26.6.	6+	40	
ISL 01	Lukovistia	Lukovistia	RENO/MANU	6.8.	9.8.	18+	4	
ISL 02	Obisovce Castle	Obisovce	RENO/ARCH	6.8.	9.8.	18+	6	
ISL 04	ECO-Slatinka	Slatinka	ENVI	13.8.	16.8.	18+	5	HLC
ISL 07	Black castle	Zlatno	RENO/ARCH	24.8.	29.8.	18+	5	HLC
OWISL05	Integra workcamp	Youtube	DISA/VIRTUAL	-	-	18+	7	
OWISL06	Barlicka workcamp	Youtube	DISA/VIRTUAL	-	-	18+	6	
OWISL07	Comic strips and movie analyses	Zoom	ART/EDU/STUD/VIRTUAL	28.9.	5.10.	18+	6	
OWISL08	Photography	Zoom	ART/ENVI/STUD/VIRTUAL	9.11.	17.11,	18+	8	

**ISL 01 Lukovistia**

LUKOVISTIA, RIMAVSKA SOBOTA

06/08/2020 - 09/08/2020

Type: RENO

Vols: 4

Language: Slovak

Age: 18+



**Partner:** The Association *NOX ET SOLITODO* was founded to support and initiate artistic activities in the village Lukovistia, the place where Slovak poet Ivan Krasko was born. One of the first activities of the association is the renovation of the historical building of the school. The main aim is to create the Regional Art Center.

**Work:** Helps with preparation for renovation of the old school building. The school was founded in 1928 as a part of the construction of many schools in Bohemia and Slovakia on the 10<sup>th</sup> anniversary of the establishment of first Czechoslovak Republic. Currently, the building has been abandoned for 20 years. Volunteers will help with easy demolition work, cleaning the walls and cleaning building material and area around the historical building.

**Accommodation & Food:** Accommodation will be in the hostel in village Teply vrch. Volunteers will be sleeping in two rooms with beds. Showers, toilet facilities, hot water and fully equipped kitchen are provided in the hostel. The breakfast and lunch will be prepared by volunteers themselves. The dinners will be provided by the local partner. On request, vegetarian meals can be provided.

**Location and leisure:** Lukovistia is a village close to Rimavska Sobota in southern Slovakia. The village is the birthplace of Slovak writer Ivan Krasko. The house where he was born in is now used as a small museum. In Lukovistia there is a baroque church with a painted ceiling from 1794. Teply vrch, where volunteers will be accommodated, is known for the warmest geothermal lake in Slovakia (27 °C, 80 F).

**Terminal:** There are multiple options to come by plane, bus and train to Budapest, Bratislava or Kosice. When you arrive at one of the cities mentioned, you have to go by bus or train to Rimavska Sobota. The local partner will arrange the transport from Rimavska Sobota to the accommodation place. Please keep in mind that the journey from Bratislava to Rimavska Sobota takes around 5 hours. The best is to plan your journey to arrive in the morning in Bratislava or try to find flight connection directly to Kosice.

**Meeting point:** Rimavska Sobota, around **5 pm**.

**Remarks:** Sleeping bags, working clothes, warm clothes, raincoat, strong boots and good spirit :) are needed.

**Study Part:** Participants will join the "volunteering footprint" workshop. Our camps will follow the rules of the Sustainability campaign.

**Summary:** Take the opportunity to do and experience amazing and unusual things that you would not normally get to do in your everyday life.



## **SUMMARY OF THE ISL 01 Lukovištia**

There were 3 people from Slovakia participating at the camp + 2 coordinators from Slovakia and this is how they evaluated their time:

### **“What did you personally gain from the project?”**

- *Getting to know great people, amazing project, that I want to take part also in the future*
- *Physical strength and the good feeling of doing something for my community.*

### **“Should we continue with this project?”**

- *YES! Great idea, great local partner that is motivated and will motivate you.*
- *100%*

### **“Would you recommend a workcamp to your friends?”**

- *Yes (as above) + fun work, destroying walls can be therapeutic.*
- *100%*

### **“What will be your message for the next generations?”**

- *You will work hard and a lot, but it will feel like a vacation. You ´ll also get to know great people and learn something about Slovakia and Slovak poets :)*
- *Let´s work together to help restore old buildings in Slovakia!*

## ISL 02 OBISOVCE CASTLE

OBISOVCE

06/08/2020 – 09/08/2020

Type: RENO/ARCH

Vols: 6

Language: English

Age: 18+



**Partner:** The Civil Association *Rakociho cesta* carries the idea of a touristic path that would connect places related to the history of the Rakoci's family tree. The aim of the movement is to preserve and renovate historical monuments and traditions. They would like to continue with the original "Rakoci's path" goal which was to contribute to the development of the region. Rakociho cesta is currently involved in the renovation of the following castles: Saris, Kapusany, Sebes, Solnohrad (Salt Castle), Lipovce and Obisovce. The workcamps are organized with the association since 2008.

**Work:** Revitalizing the old ruins of the small Obisovce Castle in Slovak Carpathians. The volunteers will be involved in renovation work, cleaning the area, help with masonry work using the traditional techniques, transport of the material (like sand, rocks, and water.) The volunteers will help with archeological activities and renovation work also on other castles in the area (Lipovce, Sebes, Salt Castle). Also, they will learn about the history of the castles in Eastern Slovakia.

**Accommodation & Food:** The volunteers will stay in the village Licartovce (15 km from Presov, 23 km from Kosice) in the eastern part of Slovakia. The volunteers will sleep in the building of football stadium that's why sleeping bag and mat are necessary. The breakfast and dinner will be prepared by one kitchen team. There will be a room with kitchen equipment. The lunch will be provided by the local partner. Vegetarian catering is possible. The toilet facilities and showers are at the football stadium.

**Location and leisure:** Licartovce is a small village in eastern part of Slovakia, that is located between Kosice (second biggest city in Slovakia) and Presov (third biggest city in Slovakia). There is historical mansion in the village and football stadium where you can play some sport games. There is possibility to visit other castles in the area – Slat Castle, Sebes Castle.

**Terminal:** Airport – Bratislava, then train or bus to Kysak. Then train from Kysak to Licartovce. Please keep in mind that the journey from Bratislava to Kysak takes around 5 hours. So please plan your journey to Bratislava with arrival in the morning or try to find the flight connection directly to Kosice and then bus/train to Licartovce.

**Meeting point:** Licartovce, local school (next to the bus stop Licartovce, dolny koniec), around 5 pm.

**Remarks:** Bring a **sleeping bag and mat**, working clothes and gloves, warm clothes, raincoat, strong boots, swimming suit, insect repellent and a smile on your lips :) Also, if possible, music instruments and USB with your favourite songs and photos from your country.

**Study Part:** During the workcamp there will be organized INEX Messenger a workshop focused on current issues in Europe. The volunteers will join the "volunteering footprint" workshop. Our camps will follow the rules of Sustainability campaign.

**Summary:** Would you like to spend 4 days helping with the renovation of a castle in the middle of the beautiful nature in Slovakia? Get ready for the adventure, open your mind and develop yourself!

## **SUMMARY OF THE ISL 02 Obišovce Castle**

There were 4 people participating at the camp from Slovakia, France, Spain + 2 coordinators from Slovakia and The Netherlands and this is how they evaluated their time:

### **“What did you personally gain from the project?”**

- *I learn about castles and I discover new places of Slovakia.*
- *I learnt more about castle construction, I trained my Slovak, I discovered more about Slovak culture and I met really nice people.*
- *Good feeling from work.*
- *Knowledge about volunteering.*

### **“Should we continue with this project?”**

- *Of course YES.*
- *Yes, still a lot to do here.*
- *Sure, the project is nice, Martin, the local partner is amazing, there are other castles around to visit, the area is beautiful, the owner of the restaurant was also really nice and helping as much as he can.*
- *Yes, is very good.*

### **“Would you recommend a workcamp to your friends?”**

- *Yes, the experience is really nice.*
- *Yes, for all the reasons above.*
- *Yes, good weekend activity.*
- *Yes, I would.*

### **“What will be your message for the next generations?”**

- *Don´t be so afraid.*
- *Work hard, have fun.*
- *Come and create your own experience.*
- *Be prepare for a hard work, but also think you will enjoy a beautiful place with amazing local partner.*



## ISL 04 ECO-SLATINKA

SLATINKA, ZVOLEN

13/08/2020 – 16/08/2020

Type: ENVI

Vols: 5

Language: English, Slovak

Age: 18+



**Partner:** *The Slatinka Association* was established in 1993

as a reaction to the construction of the Slatinka water dam on the Slatina River. The association's mission is to work at the basin of the Slatina River, to protect the environment and preserve natural areas while spreading consciousness of the project's effects on nature. One of their main aims is to bring life back to the village of Slatinka, since many people had to leave due to the dam construction. Workcamps like this one have been organized in Slatinka since 2011.

**Work:** The work will be done around and in the village of Slatinka. The volunteers will help in the garden behind the Eco Center and with reparation of the building of the Eco Center. Cleaning the area in Slatinka, cutting the grass, taking care of the trees, cleaning the educational trail. The working hours are divided as follows: 4 hours in the morning and 2 hours in the afternoon.

**Accommodation & Food:** Volunteers will stay at a local school called the Eco Center. The center has an outdoor shower that requires participants to manually heat the water before each shower, and the toilets are dry (outhouses). There will not be access to running water, so water will be delivered. Drinkable water will be provided by the local partner. On-site access to electricity is available. There are two bedrooms with mattresses, but a sleeping bag is required. Meals will be prepared by the volunteers themselves. The food will be mostly vegetarian.

**Location and leisure:** Slatinka is a little village near Zvolen located in the Central part of Slovakia. The village is surrounded by beautiful nature with many touristic routes and hiking opportunities. The volunteers may visit Zvolen, where they will find a castle, a historical center and other interesting sites.

**Terminal:** Airport – Bratislava; then train or bus to Zvolen; and then to Slatinka. Please keep in mind that the journey from Bratislava to Zvolen takes around 3 hours. So please plan your journey to Bratislava with arrival in the morning.

**Meeting point:** Bus station in Zvolen, around 5 pm.

**Remarks:** Bring a sleeping bag, working clothes, warm clothes, raincoat, strong boots, swimming suit, headlamp and a smile on your lips :) You may also bring musical instruments and USB with your favourite songs from your country to share/play with the group.

**Study Part:** The workcamp will have a rich environmental study part as the local partner is an ecologically-focused organization. Volunteers will learn about environmental protection efforts in Slovakia and all the issues related to the dam construction. Participants will also learn about the history of Slatinka and Zvolen. Volunteers will join the "volunteering footprint" workshop and INEX Messenger workshop. Our camps will follow the rules of Sustainability campaign.

**Attention:** The camp is for nature and ecology lovers! Mostly vegetarian food and eco camp!

For more info and pictures about the project please see: [www.slatinka.sk](http://www.slatinka.sk).

<https://www.facebook.com/zdruzenieslatinka> or <https://www.instagram.com/slatinkaassociation/>

You can also watch video from last year workcamp in Slatinka:

<https://www.youtube.com/watch?v=hgtH03v7310&t=>

**Summary:** Live in peace with nature and learn about other cultures at Eco-Slatinka! Don't miss your adventure in Slovakia!

## **SUMMARY OF THE ISL 04 Eco - Slatinka**

There were 5 people from Slovakia participating at the camp + 2 coordinators from Slovakia and Spain and this is how they evaluated their time:

### **“What did you personally gain from the project?”**

- *nice experience, relax, met new people, nice environment*
- *I learned about the Slatinka organization and learned a lot of new manual skills.*
- *I learned to do different work and to work with different tools.*
- *A lot of new skills, I had a really good time.*
- *New social contacts, new skills, experiences.*

### **“Should we continue with this project?”**

- *Yes, of course. It´s a magical place, run by nice and dedicated people.*
- *Yes.*
- *Yes, deffinitely.*
- *Yes, it´s fun, in a beautifull place, nice work :)*
- *Yes, because young people need activities in nature and real social contacts.*

### **“Would you recommend a workcamp to your friends?”**

- *Yes.*
- *Yes.*
- *Yes, I would. It was well balanced.*
- *Yes, for the same reasons as above.*
- *Yes, because it is great experience.*

### **“What will be your message for the next generations?”**

- *Prepare for basic conditions but it will be rewarding in many ways.*
- *Slatinka is a beautiful place. Bring all the things, that are recommended to bring in the infosheet.*
- *Just do it!*
- *Just enjoy - people, beautifull nature.*
- *You should try and you wouldn´t regret.*

## **ISL 07 BLACK CASTLE**

ZLATNO, ZLATE MORAVCE

24/08/2020 - 29/08/2020

Type: RENO/ARCH

Vols: 5

Language: English, Slovak

Age: 18+



**Partner:** The association Black Castle is focused on promoting Black Castle ruins for the local tourism. It is involved in carrying out archaeological research and restoration of the castle. The archaeological excavations are performed in the cooperation with The National Bureau of Monuments of the Slovak Republic by using traditional methods and materials during the restoration works. Workcamps have been organized here since 2005.

**Work:** Reconstruction work in the area of perished medieval castle – “Black Castle”. It will involve manual work on the ruins of the castle, such as walling, preparing mortar, cleaning the working area in and around the ruins of the castle, sorting stores and carrying materials (rocks, sand, ...) to the castle.

**Accommodation & Food:** This is a unique possibility for volunteers to experience one week in beautiful surrounding of the castle without electricity and wifi signal. Accommodation will be provided in the house with beds. It is necessary to bring a **sleeping bag**. The toilets are dry (outhouses) and the showers will be provided in the house in the village. There will not be access to running water, so water will be delivered or taken from a well. Food will be cooked by leaders and the volunteers themselves. On request, vegetarian meals can be provided.

**Location and leisure:** The place of the camp is situated in the village of Zlatno, 17 km north-east from town Zlate Moravce, app. 130 km east from Bratislava. Be careful, there is another Zlatno (region Poltar) in different region of Slovakia. Zlatno was one of the many villages in Slovakia known for gold washing in the middle ages. This was also a reason why the castle was built in such a remote place, far from the trading routes and cities. Volunteers can learn more about history of the Black Castle and other castles in the region. The surrounding area offers many opportunities for hiking.

**Terminal:** Airport, bus, train in Bratislava, then train or bus to Zlate Moravce. Then continue by bus to Zlatno, last stop. Please keep in mind that the journey from Bratislava to Zlatno takes around 4 hours.

**Meeting point:** Zlatno - last stop, around 5 pm.

**Remarks:** Sleeping bags, working clothes, gloves, warm clothes, raincoat, strong boots and good spirit :) are needed.

**Study Part:** Volunteers will join the “volunteering footprint” workshop. Our camps will follow the rules of the Sustainability campaign.

**Attention:** The camp is for history and nature lovers and for those who are not afraid to accept the challenge of living without electricity, running water and wifi for one week surrounded by beautiful nature! For more info about the project, please visit: [www.ciernyhrad.sk](http://www.ciernyhrad.sk)

**Summary:** Find the hidden treasure at the mysterious Black Castle in Slovakia.

## **SUMMARY OF THE ISL 07 Black Castle**

There were 5 people from Slovakia participating at the camp + 2 coordinators from Slovakia and France and this is how they evaluated their time:

### **“What did you personally gain from the project?”**

- *I meet very interesting and nice people, get amazing experiences, feel that I´ve done something useful.*
- *New friends, new experience, new thinking and skills.*
- *I think it didn´t push me anywhere as a person but I enjoyed being away in nature, from the rest of the world, also from now on I will be more confident with signing to another volunteering camp.*
- *New friends, memories, calmness.*
- *Met new people and learned new skills.*

### **“Should we continue with this project?”**

- *I think it is a good project and there is still stuff to be done, so yes.*
- *Yes, because it´s important and nice ♥*
- *Definitely yes, the purpose - saving the castle is really important.*
- *Yes, it is a good idea.*
- *Yes.*

### **“Would you recommend a workcamp to your friends?”**

- *I´d recommed it because I´ve got a good time.*
- *Beautiful nature and night sky.*
- *Definitely, it is great if you want to have a little psychohygiene from reality, nature is great, people are great, you gain new skills.*
- *I recommended INEX to every friend I knew because I think it is a really good idea.*
- *Yes, I would.*

### **“What will be your message for the next generations?”**

- *Enjoy your life, enjoy the camp.*
- *Try it, it´s really nice place here and also it´s good project :)*
- *I brought my own hammock, so I had peacefull night, so if anybody wants to, bring it, it´s good idea.*
- *Enjoy it. It´s going to be an adventure.*



## Coordinators of the workcamps 2020

Not only volunteers evaluated their activities during the workcamp, but we are asking a feedback also from the coordinators of the workcamps. These are the most interesting ideas from the feedbacks. We didn't translate any of them because we want the questions to be authentic.

### What did you personally gain from participating in this project? What did you learn?

*I learned many new things, like to be more flexible and to go with the flow and dynamic of the group. Also, to be patient and create the best situation out of the tools you have. And they met my expectations because I did not have many expectations anymore due to the lovely covid.*

*Naučiť sa pracovať s ľuďmi v oklieštených bezpečnostných podmienkach, dávať dôraz na rozprávanie v angličtine aj keď nie stále sa mi to darilo, inak veľmi dobrý tábor, naplnili sa moje očakávania.*

*I learn how to manage one workcamp, and yes, the project meet all my expectations.*

*Spoznala som super ľudí, vyskúšala si lídrovanie a mala možnosť pomôcť rozvoju svojho regiónu.*

*Moje očakávania a myslím, že aj očakávania ďalších sa naplnili projekt bol super. Nič špeciálne som sa nenaučil ale myslím si, že som sa posunul v oblasti plánovania a komunikácie.*

*I learnt a lot about archeological work and history in Slovakia*

*I learnt also about myself, I could take a step back of my way of leading/organizing a project*

*I had the chance to create something completely new, meet amazing people and encourage them to develop themselves. I would love to meet them in real life now.*

*Most of my expectations were met however I was a little disappointed that not all participants showed up. It could have been more diverse if more people have showed up. I learned a new way of creating a camp :)*

