



# Social Labeling Problem

MAKE A STEP TO A CHANGE

INEX MESSENGER  
WORKSHOP 2021

HELENA KOOK

The page is decorated with stylized floral illustrations. In the top left, there is a green hibiscus flower with leaves. In the top center, a yellow hibiscus flower is shown. In the top right, an orange hibiscus flower is depicted. In the bottom left, a green hibiscus flower is visible. In the bottom right, a yellow hibiscus flower is shown. The background is white.

# Introduction

My volunteering as an ESC volunteer at Inex Slovakia, I had to make a workshop as part of one of my study parts at Inex's workcamps.

My workshop was about "Social Labeling Problem" That addressed different individuals using descriptive words against different people and how often they are wrongly used and that action could have an impact.

I clarify different word meanings and where they apply.

It involved fun but informing quizzes and videos and put the theoretical material to test.

I'm going to tell you how I did it and where.



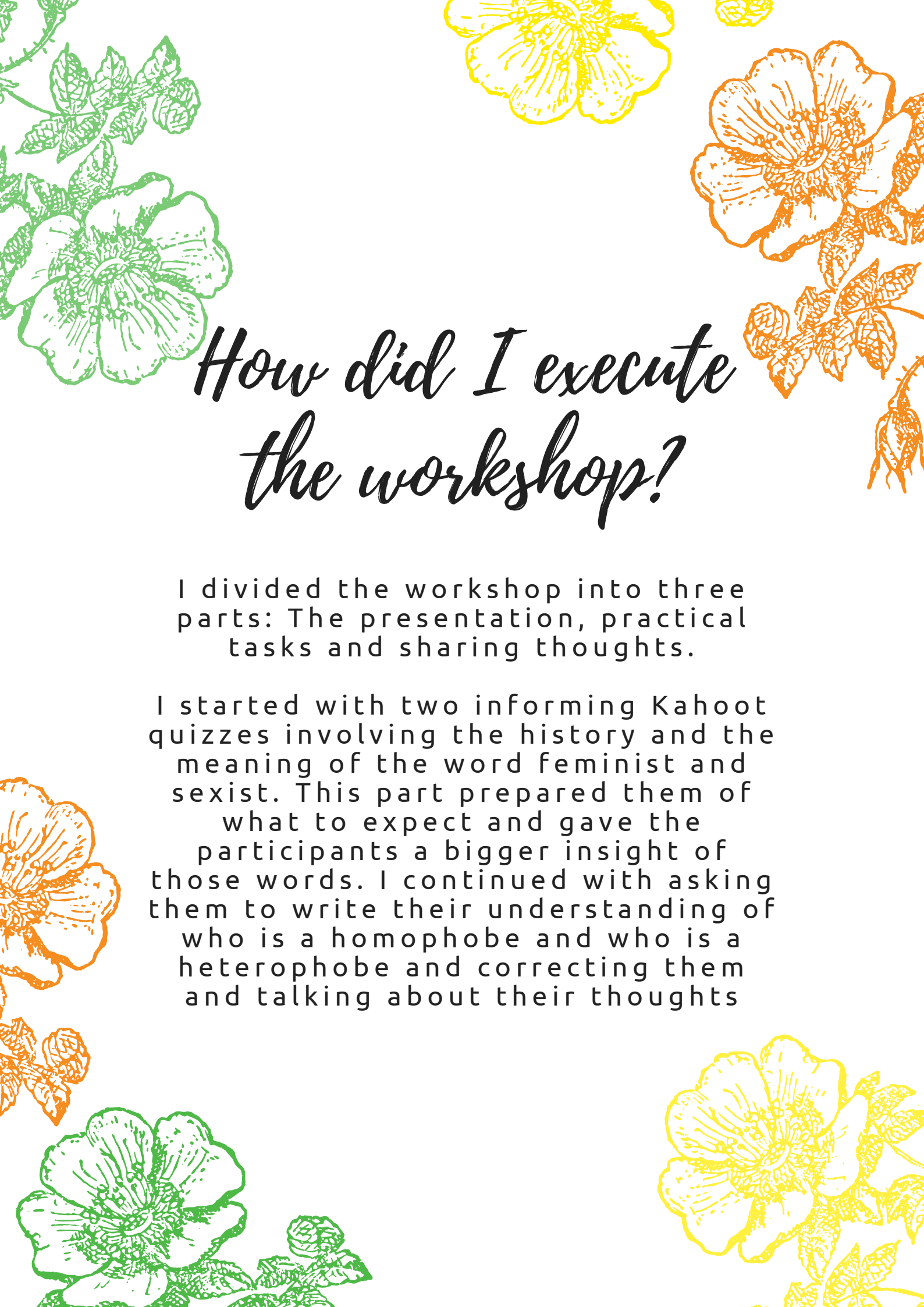
# Why this workshop?

This workshop involved the important topics/words used today, often incorrectly.

I'm personally tired of hate labeling and my experience shows that anger quickly turns into hate and it's tearing us apart. The objective of this workshop was to clarify different descriptive words such as who is a feminist, sexist, homophobe and heterophobe.

When you use those words incorrectly it can have a huge impact on the receiving end. So I set myself to educate different groups of people.

As my feelings were strong for this topic, it made me more passionate to talk about sometimes overlooked topic.


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# *How did I execute the workshop?*

I divided the workshop into three parts: The presentation, practical tasks and sharing thoughts.

I started with two informing Kahoot quizzes involving the history and the meaning of the word feminist and sexist. This part prepared them of what to expect and gave the participants a bigger insight of those words. I continued with asking them to write their understanding of who is a homophobe and who is a heterophobe and correcting them and talking about their thoughts

# The Kahoot quiz about feminism:



## Feminism

83 favorites 1.4k plays 9.4k players

A public kahoot

Feminism

McRae1978  
Created 6 years ago






1 - Quiz  
What is the main belief behind feminism?

2 - Quiz  
Which term describes a society that is controlled by men for men?


3 - Quiz  
How many waves of Western Feminism have there been?

4 - Quiz  
What was the main focus of the First Wave of Western Feminism?

5 - Quiz  
When was the Second Wave of Western Feminism?



# The Kahoot quiz about sexism:



## Sexism Quiz

19 favorites 143 plays 783 players

A public kahoot

HRE4M1- Kahoot Quiz (Sexism)

Aman.Gill  
Created 5 years ago






1 - Quiz  
What is the definition of Sexism?

2 - Quiz  
Sexism happens in all societies around the world.

3 - Quiz  
The female stereotype is.....

4 - Quiz  
The male stereotype is.....

5 - Quiz  
Sexism causes the unfair treatment of women and men.



# The Jamboard about Homophobia and heterophobia:



Måna taust

Tiljenda raam

## THE TASK

Write here your understanding of those 2 definitions.

Homophobia: emotional fear of homosexuality

I never heard about heterophobia

homophobia - discrimination of other gender

solution - better education at this topic, starts in primary schools and then go on high schools and universities as workshops

And write here your ideas about what could be a solution to stop homophobia and heterophobia.

Solution: Stop hating each other and don't tell anybody how to live their life's.

heterophobia - didn't hear it yet

positive promotion on TV and books and of course internet social media, creating events, online discussions and programs

I have not idea about it.

Actually I am not aware if there is heterophobia, but if so, then the way to stop it lies in the mutual acceptance

Solution for stopping homophobia is giving them rights and stop acting as if the homosexuals are something special. It's normal, just modern people acts as if not.

we need to be nice and friendly



## Example

Sexist or feminist?

"We have no need for men, women are better."

Sexist or feminist?

"sit like a lady."



I followed with slides of the exact meanings of the word according to the dictionary. Pointing out that people like to add their own conditions how to use that word. It's a simple mistake that can take a huge turn to the worst, I planned to open their minds by also adding videos that explain those words.

## Feminism definition



## Homophobia definition








Sharing of the thoughts I left to the end and I made them feedback slides on Prezi and then just talked freely who wanted to. On the offline version I combined the quizzes and asked them before the presentation on paper and then I moved on to the presentation and then just discussed it.

I personally preferred the version where I needed internet but discussing the topic face to face was more comfortable and interactive.



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# *Where did I do my workshop?*

I had the opportunity to test my workshop on the training of leaders online for 5 people. It gave me the chance to see if I'm prepared for presenting it on the workcamp.

The second time I did my workshop on the workcamp where I was a leader (Black castle) and as much of feedback that I got, it was as much of a success as it was online.

The workshop gives us volunteers an opportunity to talk about important topics for us and expand the participants minds!

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# Conclusion

My goal was to open peoples minds and make them think. After the workshop there were interesting reactions and discussions where everybody could say what's on their mind without any judgement and I'm glad I was able to create a safe environment.

At first yes everybody thought that another boring presentation about feminism but they were pleasantly surprised to hear my views and that I was passionate about it. My aim was achieved and that makes me only happy.



# The end

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